



## ABOUT METZIDIAN & RALPH'S

Our family business began 30 years ago with a small butcher shop on Coast Meridian Road in Port Coquitlam (hence the name Meridian!). Fast forward to today, despite having a few more stores, we're still trying our best to replicate the same business we started in 1989.

Meridian is an old-fashion style butcher shop specializing in 100% grass-fed beef, free-run poultry, local pork, sustainable seafood and the latest plant-based protein. Ralph's and our Farm Market locations also include local fresh fruits & vegetables, artisan deli, fresh baked breads and grocery essentials.

Visit us online at:

meridianfarmmarket.ca or ralphsfarmmarket.com

Or, shop online for **Butcher Bundles** and specialty items like **free-range turkeys**: **shop.meridianfarmmarket.ca** 



## ABOUT OUTZ FUNDTZAISETZ

We've developed our **Farm Fresh Fundraiser** to be as simple (and profitable!) as possible. We're celebrating Meridian's 30th anniversary by giving **30%** of the proceeds of all gift cards sold directly to participating organizations.

Meridian and Ralph's gift cards never expire. They're 100% redeemable at any one of our eight (and growing, thanks to you!) convenient Meridian or Ralph's locations throughout Vancouver and the lower mainland.

Learn more, or apply for your Farm Fresh Fundraiser at:

meridianfarmmarket.ca/fundraising

THANK-YOU!

RALPH'S FARM MARKET

MERIDIAN FARM MARKET LOCATIONS

MERIDIAN MEATS & SEAFOOD LOCATIONS

MURRAYVILLE • MAPLE RIDGE • MISSION • TSAWWASSEN • NORTH VAN • PORT COOUITLAM • LANGLEY • WHITE ROCK